



UPSLOPE



Newsletter of the NORDIC Ski Touring Section of PATC

Visit Us On the WEB at <http://www.patc.us/chapters/ski/>

February 2010

UpComing Attractions In Winter UPSLOPE

- YOUR trip reports
- Apre' Ski Party

SNOWPOCALYPSE Hits Washington Metro

Those of us who have tried to ski in the Washington area know that snow life is either feast or famine. This is the season of feasting, metro area snow lovers were treated to record-breaking snowfall totals in Washington and Baltimore. We don't need no stinkin' fancy shmancy ski resorts: WE can just ski right out the back door!! (at least until it starts to melt).



SNOW photo by Izabella Zandberg

The record-breaking snowfall totals, first in mid-December, then again at the end of January, and in the first weeks of February, added spectacular snow to some trips (Carol Ruppel and Kathy Brumbergers's Laurel Highlands trips and Larry Doff's impromptu Backbone Farm trip),

caught some with no snow at all (Bob Leaf's Blackwater trip cancelled), made some of us wonder why we were so far from home and snow (Al Larsen's Garnet Hill, NY, trip), and created the unusual situation of canceling some trips because there was TOO MUCH snow (Peggy and Steve's Stowe, Vt, trip). Read about these trips in the stories in this issue.

Many more dispensed with organized "trips" altogether and opted for close-in locations such as Rock Creek Park, Manassas Battlefield, and even Capitol Hill and the Mall. Until the plows came, some of the best skiing in Washington in years was right down the white lines. You can read about these impromptu outings, and arrange your own get togethers using the new Yahoo Group described in the following story.

Inside this issue:
(blue links are live)

<i>Your STS Officer Contacts</i>	2
<i>Between the Poles</i>	2
<i>Yahoo Groups (cont).</i>	3
<i>Laurel Highlands Ski Trip Report</i>	4
<i>Backbone Farm Impromptu Ski Trip Report</i>	5
<i>Help Needed with GPS</i>	6
<i>Vancouver Olympics Nordic Schedule</i>	7
<i>Tug Hill Ski Trip Report</i>	8
<i>Joe and Erma's Crazy Adventure</i>	9

PATC-STS Inaugurates a New Yahoo Group for Better Communication



It all started innocently enough with a simple query about getting a digest of PATC-STS listserv messages instead of individual emails. Various comments about "flamers", SPAM and internet etiquette followed, but amongst this electronic storm was a suggestion from Larry Doff to start a Yahoo Group that could be more easily controlled and "fine-tuned" by PATC-STS members that subscribe. Larry describes the new facility below.

The PATC-STS Executive Committee has noted recent comments on the PATC-STS ListServ concerning the length, frequency, relevance and contents of messages on the ListServ. The Executive Committee searched for a relatively easy way for members to effectively manage their preferences as to how often to receive messages, in what form (i.e., text or HTML) and in what manner (i.e., full message, digest, subject line or summary). After considering several alternatives, we have established a Yahoo Group called PATC-

(Continued on page 3)

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FROM BETWEEN THE POLES – Chair Notes

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So much snow, so many places, so close to home, so little time. Never thought I would use this for our activity! It is a glorious season for us.

Read the tales of delightful adventure as our members travel far and near to ski the trails. Evidence of joy is obvious on the faces in the pictures of our trips. If you subscribe to on-line edition of the UPSLOPE, you can see them in brilliant color.

We are making a transition to a new social networking site that is easier to administer and technologically more current. Larry Doff set-up and implemented the site which can be found at <http://groups.yahoo.com/group/PATC-STS/>. It will replace the former Listserv that has been our message mode for many years. In it's short life of about one month, we already have over 150 subscribers. If you have not been receiving his instructional emails, you may contact him at ldoff@yahoo.com. Once you are signed-up as a site participant, there will be options of how to receive your messages, and to become disengaged from a conversation thread when someone continues to "reply to all". The Listserv will close on March 30, 2010. And *many thanks to Larry Doff* for initiating this new site. He will not continue in this capacity. We need an administrator for this.

The word "doing" brings another issue to be dealt with; **we need people that can DO; we need volunteers who will help administer this Club so that you can continue to participate on cross country ski trips.** This is the purpose of our Club!!!! As of now we need the following officers: Treasurer, Trip Coordinator, Secretary, Publicity Coordinator. These will be effective after the Apres Ski/membership meeting in the Spring (date to be announced). Ralph Heimlich, who has been a fantastically effective and great UPSLOPE editor, will step down as of mid November. So we need one of those also. And we always need trip leaders.



Well that's all for now. Please think about participating on the administrative side of the Club; you only get what you give so "give back". Have a great winter ski season; keep safe and healthy. See you on the trails.

Yours in Snow,
 Peggy Alpert

Special Olympics Nordic

Have you considered sharing your love of cross-country skiing by coaching Special Olympics? It's fun to do, only takes three weekends, and is amply rewarding. The athletes are so eager to learn that you can see the improvement from the beginning of the training weekends to the end of the weekend. Nowhere else have I seen such appreciation for the coaches and for the opportunity to compete. Two years ago, it was cold and rainy during the winter games. The athletes lined up for the races and did not complain one bit and you could see the excitement on their faces as they crossed the finish line.

You don't even have to have coaching experience. As long as you can ski, go uphill and downhill, and make turns, you can learn how to coach - we'll teach you what you need to know.

Here is the date: Winter Games: March 1-2 (Monday-Tuesday, Wisp)

Interested or curious?
 You'll love the time you spent

Thanks,
 Bert Finkelstein

Yahoo Groups (cont.)

(Continued from page 1)

STS. Many of you have been subscribers to the PATC-STS ListServ for some time. The ListServ has served the cross-country ski community well over the years. In order to allow members the ability to exercise greater control over the frequency, form, and content of our communications, the STS is moving from the ListServ to its newly established PATC-STS Yahoo Group.

The address of this group is: <http://groups.yahoo.com/group/PATC-STS/>

Membership in the Yahoo Group has grown exponentially, as has message traffic. As a result, the ListServ will be terminated by March 30, 2010. You will have several choices. If you wish to continue to receive the type of communications related to cross-country skiing, such as information on impromptu trips, equipment for sale and general technical articles, easy access to The Upslope Newsletter, as well as trip descriptions and schedules you can:

1. Join the Yahoo Group by going to <http://groups.yahoo.com/group/PATC-STS/> and clicking on the join button. We will do the rest and approve your request for free access. Membership in the PATC-STS is NOT required, but at \$9.00 a year, it is a great bargain. (It also gets you a \$10 discount on PATC-STS trips!)
2. Reply to this message and ask for an 'invitation'. You will receive an 'invitation' by email. All you have to do is to accept your email invitation. Your admission to the site will then be automatically processed. Membership in the PATC-STS is NOT required, but at \$9.00 a year, it is a great bargain. (It also gets you a \$10 discount on PATC-STS trips!)
3. Reply to this message and ask to be added to the Yahoo Group. We will take it from there, and with your permission, we will simply add you to the Yahoo Group. Membership in the PATC-STS is NOT required, but at \$9.00 a year, it is a great bargain. (It also gets you a \$10 discount on PATC-STS trips!) **(Are we repeating ourselves? Hope we made the point!)**

If you do nothing, you will not be added to the Yahoo Group and you will no longer receive fast-breaking, up-to-the minute, adrenaline-inducing, hair-raising, heart-stopping messages about local cross-country activities from the STS.

That does not mean that we won't welcome you to the Yahoo Group in the future, but the time is near to end the ListServ...and we don't want to leave you out in the cold (pun intended).

Larry Doff

Ten Reasons For Trying the New Yahoo Group PATC-STS

10. You will continue to keep abreast of cross-country ski trip news from the Ski Touring Section of the Potomac Appalachian Trail Club.
9. You will be able to personally control the frequency at which you will receive PATC-STS messages.
8. You will be able to personally control the content of PATC-STS messages, i.e., full, summary, digest or just subject line.
7. You will be able to personally control the form of PATC-STS messages, ie text or full html.
6. You will be able to post your own messages regarding ski trips, items for sale or sought and other cross-county skiing subjects.
5. You will be able to go back to look at archived messages by subject, date or content.
4. You will be able to upload or read attachments, photos, documents and other material related to PATC-STS activities.
3. You will be able to communicate directly with other members *enmasse* or individually, publicly or privately.
2. You will be able to control your own privacy settings and protect yourself from SPAM.
1. At some point, the current ListServ may be disabled and the PATC-STS Yahoo Group may be the sole method of web communication among and between members of the PATC-STS, other than our super web-site, which is one-way only.

Check the new PATC-STS Yahoo Group out at <http://groups.yahoo.com/group/PATC-STS/>

Laurel Highlands Ski Trip January 8-10, 2010



Laurel Ridge (Caroline Petti, Erma Cameron and Ralph Fiorito) photo by Izabella Zandberg

By Carol Ruppel

With record low temps, creeping superior age and seasonal bugs, our trip had reasons not to materialize. Nonetheless, it did, and it was great. Erma Cameron, Ellen Bauman, Caroline Petti, Ralph Fiorito, Izabella Zandberg and I headed out to the Pennsylvania Turnpike on Friday night with serious trepidation. But the roads were clear, the traffic, light and the drivers, excellent.

On Saturday morning we met at nine (yes, all six of us) in the Somerset Quality Inn lobby, and decided upon spending the day at Laurel Ridge State Park—some of us arriving sooner than others! The snow was fabulous, as our various email reporters have confirmed. The trees were so laden that you couldn't see between them. The conifers looked like statues and even the trunks of all the trees were covered. The light changed by the minute and the sky went from steel gray to steely blue to silver to white and back. Must have been about 15 degrees at the hottest moment. Each trail was per-

fect. Some were virgin, and needed to be "groomed," but the continued flurries hid our work pretty fast.

We dined at Pine Grill, which is a favorite in-town spot of mine. The seasonal cask ale was delicious, as were all of our meals. Ralph wasn't terribly impressed with the authenticity of his Italian dish, but still. We repaired to the Quality Inn and my room—Ellen after having swum her laps—where we sipped after-dinner liquors and nibbled Trader Joe cookies, talking late into the night.

On Sunday we met at 8:45, packed up and ready to go to Laurel Mountain. Same conditions, of course. As most of us know, both areas are wonderful but with a slightly different feel. Laurel Ridge State Park has groomed trails, Pittsburgh-area skating skiers and other groups and a lodge with some catering that includes luscious pastries and soup. There's a nominal entrance fee. Laurel Mountain is a little wilder, very beautiful, and is staffed by volunteer ski patrollers. Its warming hut has less elaborate fare, but is more than adequate. So Sunday some of us skied for two hours; some for five, and we all went home satisfied.

Photos from January 2010 Laurel Highland trips posted I have posted the above on the STS yahoo group <http://groups.yahoo.com/group/PATC-STS/photos/album/326640971/pic/list> and on the PATC-STS website at <http://www.patc.us/chapters/ski/SkiPics/Laurels%202010/index.html>



Ralph, Caroline, Erma, Carol and Ellen, Laurel Mountain warming hut photo by Izabella Zandberg

Backbone Farm, Oakland, MD, January 29 – 31, 2010

By Larry Doff

After a SUMPTUOUS Friday evening French cuisine dinner (with cognac), January 29 in a private dining room at the perfectly restored 1868-built Cornish Manor Inn, eighteen STS'ers are sitting in the Oak Mar restaurant the next morning at 7:30 am, Saturday, January 30, starting breakfast and contemplating a day of cross-county skiing under conditions described charitably as "fair".

- * Before all of the orders are taken and the eggs are served, the first flakes of snow are beginning to drift down, sticking to every horizontal and vertical surface and every other surface in between.
- * By the time the last coffee is taken, we have almost an inch on the ground and joyous difficulty driving up to Backbone Farm where, by 10:00 am, there is 2 inches on the ground.
- * By Noon, the beginners were done with their lessons and many of the group had completed at least two loops.

With expert advice from Max, the proprietor of the place, skier's were enjoying the many trails and meadows, herring-boning, show-plowing and diagonal striding their way through magnificent scenery, although under sodden gray skies.

Annie and I went over to Herrington Manor State Park and then up to Swallow Falls to check conditions there and by 2:00 pm, the Garrett County plows were pushing almost four inches of the stuff off the roads. Laurel Mountain and White Grass were also inundated with snow, with reports of up to 4" by 2pm.

After a day of fun, the group returned to the Oak Mar Motel to reassemble for dinner and it was off to the Long Branch Saloon for a Saturday night hoe-down. Under the watchful eye of Miss Kitty, we sat at tables across from the Jail on Main Street in this pretend Gunsmoke town and found another great meal. Let's see: 5,000 calories in, 4,000 calories out; hmmm, looks like I need another day on the trail.

On Sunday, we were off again under a beautiful, sunny sky. Carl Modig and Erma Cameron headed back to Backbone to ski unmarked trails and at the plateau surprised a herd of twenty or so deer. Some of the group headed in the direction of home, with a stop at New Germany State Park, a scant six mile detour.

The rest of us headed to Herrington Manor State Park to ski its well-laid out trails around a lake that must be very inviting in the summer. With challenging grades, as well as more level areas for the new skiers, Herrington Manor offered something for everyone, including a warming hut with snack bar and ski rental concession.

By late Sunday afternoon, January 31, 2010, the main roads were plowed and clear for safe rides back...to Richmond, to Hagerstown, to Columbia and to the Washington, DC area for this diverse group from varied locations. It did not take three days for additional snow to fall in the DC area. 2010 will stack up as one of the best STS years in a long time.



Dave Collins and Erma Cameron, Backbone Farm Warming Hut photo by Larry Doff



Carl Modig, Backbone Farm Warming Hut photo by Larry Doff

Help Out PATC Mapping Committee

GPS USERS

YOUR HELP IS NEEDED

PATC is seeking help from volunteers to embark on an exciting activity. The Mapping Committee is looking for motivated and proficient GPS owners to map our maintained trails. PATC ultimately hopes to create and maintain a library of Geospatial data to support the club's activities and interests.

In addition, PATC is seeking help from GIS professionals who are familiar with and have access to popular GIS software programs (ESRI, SOCET SET, Adobe Illustrator, Map Publisher).

For more information please email: Maps@PATC.net



More Pictures from Laurel Highlands 2010

Nordic at the Vancouver Olympics



There are 20 cross-country ski events at the Vancouver Winter Olympics, of which 12 are medal events. (See <http://www.vancouver2010.com/olympic-cross-country-skiing-schedule-results/>)

February 15, 2010

- 10:00 - Cross-Country Skiing - Ladies' 10 km Free
- 12:30 - Cross-Country Skiing - Men's 15 km Free

February 17, 2010

- 10:15 - Cross-Country Skiing - Ladies' Individual Sprint Classic Qualification
- 10:40 - Cross-Country Skiing - Men's Individual Sprint Classic Qualification
- 12:30 - Cross-Country Skiing - Ladies' Individual Sprint Classic Quarterfinals
- 12:55 - Cross-Country Skiing - Men's Individual Sprint Classic Quarterfinals
- 13:20 - Cross-Country Skiing - Ladies' Individual Sprint Classic Semifinals
- 13:30 - Cross-Country Skiing - Men's Individual Sprint Classic Semifinals
- 13:45 - Cross-Country Skiing - Ladies' Individual Sprint Classic Finals
- 13:55 - Cross-Country Skiing - Men's Individual Sprint Classic Finals

February 19, 2010

- 13:00 - Cross-Country Skiing - Ladies' 15 km Pursuit (7.5Classic+7.5Free)

February 20, 2010

- 13:30 - Cross-Country Skiing - Men's 30 km Pursuit (15Classic+15Free)

February 22, 2010

- 10:45 - Cross-Country Skiing - Ladies' Team Sprint Free Semifinals
- 11:35 - Cross-Country Skiing - Men's Team Sprint Free Semifinals
- 13:00 - Cross-Country Skiing - Ladies' Team Sprint Free Final
- 13:25 - Cross-Country Skiing - Men's Team Sprint Free Final

February 24, 2010

- 11:15 - Cross-Country Skiing - Men's 4x10 km Relay Classic/Free

February 25, 2010

- 11:00 - Cross-Country Skiing - Ladies' 4x5 km Relay Classic/Free

February 27, 2010

- 11:45 - Cross-Country Skiing - Ladies' 30 km, Mass Start Classic

February 28, 2010

- 9:30 - Cross-Country Skiing - Men's 50 km, Mass Start Classic

NBC is broadcasting the Olympics, both live and with delayed feed. How you get it depends on who your provider is.

A good source for schedule information is: <http://www.nbcolympics.com/cross-country-skiing/resultsandschedules/index.html>

An index of videos is at: <http://www.nbcolympics.com/cross-country-skiing/video/index.html>

Specific broadcast schedules (cross-country skiing) are at:

<http://www.nbcolympics.com/tv-listings/zone=ET/sport=CC/index.html>

Happy Watching,
Larry Doff

For the latest trip information

and contact info for trip leaders, please go to the PATC-STC Web site at
<http://www.patc.us/chapters/ski/TRIPS.htm>

2009/2010 Annual STS Tug Hill Trip



Tug Hill Skiers photo by Peggy Alpert

For those of you who do not know, the “Tug Hill” region of NY is located off Route 81, covering exits 36-39. It is an area that usually receives an abundance of snow due to the “lake effect” weather patterns from Lake Ontario. Greg Westernik and a few others did an exploratory trip here in March of 1996. During the 13 years that we have been going there, there were only 3 years that did not have snow adequate for skiing.

The New Years Tug Hill trip was a success for more than just snow. Yet, if it was only because of the snow, it still would have been a most successful trip. According to the weather reports a day before the trip, Osceola Ski Touring Center had posted 18 inches of packed snow. This was no exaggeration. On top of that each day it snowed between 4 to 15 inches. The temperature highs were in the teens.

We took advantage of the snow by skiing at Osceola Ski Touring Center, Winona Forest and a new place near Boonville, NY called BRIEA (BLACK RIVER ENVIRONMENTAL IMPROVEMENT ASSOCIATION). Since

BRIEA is an hour and half away not everyone skied there, but for those who did, it was well worth the drive. BRIEA has 50 kilometers of groomed trails and there are two huts (one opened this year). We skied on what was called the Egypt trails (not sure how it got its name; we could not find any pyramids or sand). The trail system required at least a full day, and we wanted to explore as much as possible. By the time we were through it was getting dark and therefore no time to get to the hut.

Brian O’konski: During the New Year’s Tug Hill New York ski trip, some participants enjoyed cross country skiing on the Black River Environmental Improvement Association (BREIA) cross country ski trails, at the Egypt Road Trail System. The BREIA trails have warming huts, unlike Winona Forest and Barnes Corners. This is a place worth keeping in mind for future trips. Links are at the end of this e-mail.

Directions:

To get there from Pulaski, take the same route as to the Osceola Tug Hill Area, but continue beyond it east on Route 46. In West Leyden, there is a short jog in the road to the left (north), and then resume heading east, then on Route 294. In Boonville, there is also a short jog in the road to the left (north), before resuming traveling east for a couple of blocks. Then turn right (southeast) on Route 12. At the town of Alder Creek in about five miles, turn right onto Egypt Road. Estimated travel time from Pulaski is 1.5 hours each way.

<http://www.breiax-countryski.org/>

http://www.breiax-countryski.org/pdfs/BREIA_EgyptRdTrail_Map.pdf

John Ausema: I will second your endorsement for the BREIA trails. I skied there several times, on trips with the Wilmington (DE) Trail Club. I would recommend staying in/close to Booneville - you can easily spend a weekend skiing on the BREIA trails and avoid the drive from the other side of the plateau. We stayed at the Victorian B&B in Booneville. There is also a moderate-sized motel on the edge of town. Here is a website with some options - <http://www.boonvillesnowfestival.com/Lodging.htm>.

The BREIA trails have a great mix of terrain. There is a rather large hill (well, not large compared to Whitegrass, but quite substantial nonetheless), a towpath with flat trails, and an excellent system of wooded trails with some side loops featuring challenging, steep descents. The warming huts are well-maintained, and the trails are groomed. The whole system is free to use. There is also excellent skiing at a state forest area ~15-20 mins north of town at Lesser Wilderness, adjacent to Whetstone Gulf State Park (which has a downhill area) - <http://www.dec.ny.gov/lands/8029.html>



Warming Hut

Last year we stayed at Brenda’s motel. With no notification, they rented the house even though reservations were made in September. Renting to fishermen was safer since they do not cancel for “no snow”. She actually did us a favor. DOUBLE EAGLE LODGE is a more spacious and visually appealing facility with more bathrooms, maid service and friendly owners. The slight increase in cost is well worth it. Peggy spoke with Rose Driscoll, prior owner of the All Seasons Lodge (first lodge where we stayed) who is still very active in the skiing/land-trust community of the Tug Hill region. She referred us to the

(Continued on page 9)

Tug Hill (cont.)

(Continued from page 8)

DOUBLE EAGLE LODGE and told us about BRIEA. Peggy recently found the receipt of our first trip there – dated 12/27/97!

There were 14 of us: Peggy Alpert, Steve Brickel, Kathy Porter, Catherine Kelleher, Brian O’Konski, Rich Galloway, Dawn Watson, Dave Jordhal, Maureen Martinez, Harvey Walden, Izebella Zanberg, John Tischner, Merle Van Horne, and Greg Westernik. Many of the participants are repeaters from prior Tug Hill trips. Besides skiing, our group partied at our annual wine and cheese gourmet event, and dined at the only excellent restaurant in Pulaski, called the Riverhouse, for New Years Eve. Being the only “real” as well as most excellent eatery in town, it was crowded: long waits to be seated and served. But we are an accommodating, congenial group and in especially good spirits having skied all day on wonderful snow. Since Peggy enjoys this region and it tends to be the most reliable snow within driving distance for DC metropolitan members, it’s safe to say that we will be back next year.



Double Eagle Lodge photo by Stephen Brickel

Joe and Erma’s Crazy Adventure

The January snowfall made me want to head out to Frostburg and check out the Great Allegheny Passage up the side of Savage Mountain. This is a rail-trail that runs from Cumberland to Pittsburgh, and it seemed to me it might make for some good XC skiing for those of us who like to just glide along and not deal with hills. <http://www.atatrail.org/maps/map10.cfm> and <http://www.atatrail.org/maps/map9.cfm>

Erma Cameron joined me in this crazy venture on January 3. We met in Frederick at the Holiday Inn off I 270 at 8:30 and returned at 6. I arrived home a little after 7. Frostburg, Maryland is about 100 miles from Frederick via Interstate 70 and 68.

The trailhead in Frostburg is down the hill from the train depot, there's a plowed parking lot and an unheated restroom and little else. It was in the single digits and windy, and I froze my fingers messing around putting on a pair of ski pants and Erma didn't put on the right gloves, so after about a quarter mile, we called it quits. The trail looked pretty promising, and I aim to return one day when the temperatures are warmer, or at least the wind dies down. Some sort of tracked vehicle had been over the snow, even though motorized stuff is not allowed, and Erma thought maybe it was some sort of trail grooming, but no track was set. It was still before noon, so we thought we'd check out the Savage River Lodge, which was supposed to have some ski trails. <http://www.savageriverlodge.com/>

This was located about 2 exists west of Frostburg and about 3 miles from interstate 68. It's a very attractive lodge, we had lunch, which was pretty good. They have about 13 miles of trails, which are usually groomed, and are mostly in the State Forest, which means there's a public trailhead you can park at and I suppose use the trails for free. The Lodge charges a \$5 trail fee, they have a ski shop, which we didn't check out, and for the trail fee, you get to sign in and sign out, so I suppose they'll send the St. Bernard out after you if you don't sign out at the end of the day. You also get to hang out in the Lodge, which is worth it to warm up at the giant fireplace in comfortable chairs. The trails weren't groomed yesterday, but the skiing was pretty good, and being in the woods sure cut the wind, though we could still hear it shaking the trees around above us. There was maybe a foot and a half of snow on the ground, and it was falling gently while we skied. While there were some other people out on the trails, we never encountered them, and thus had the place pretty much to ourselves.

Be warned, however, the access road is a bit steep, and the people at the Lodge recommend that only 4 wheel drive vehicles use it. I had no trouble getting in or out in my Honda CR/V, I'm not even sure it switched to all-wheel drive. The road was plowed and cinders put down in the steeper parts. The place is primarily overnight lodging, and is fairly upscale, but they welcome day trippers, too, and it is a bit closer than New Germany, and at a higher altitude (~2500 ft), too. Certainly worth checking out for a day trip.

Joe Bachman

PATC-Ski Touring Section
 c/o Doug Lesar
 2507 Campbell Place
 Kensington, MD 20895
 February 2010



Laurel Highlands Snow

To:

PATC Ski Touring Section Membership Form

The PATC/STS provides quality services and benefits to its cross-country skiing members while promoting and supporting the PATC and cross country skiing in general. Whether a novice, recreational, citizen racer or telemark skier, STS has something for every XC skier. Imagine yourself floating on the snow, climbing across hill and dale in the quiet of winter, stopping for lunch in brilliant sunshine on a vista with a view of snow-covered ridges and valleys stretching to the horizon, and then making a descent back to home. Our membership enjoys ski touring in the hills with the comradeship and safety of a group. When you become a member, you receive all issues of the club's newsletter UPSLOPE and other useful information. UPSLOPE is published six times a year by PATC/Ski Touring Section, a non-profit, educational and recreational group of cross-country skiing enthusiasts based in the Maryland, DC, Virginia, PA and West Virginia areas. UPSLOPE provides information about STS trips and events (e.g., Learn-To-XC-Ski weekends, Telemark instructional clinics, and mini-week ski trips). One year membership runs from October 1st through September 30th of the next year. If you join in April or later, your one year membership will run through September of the next year. To insure uninterrupted membership for more than one year, you may provide advance dues for up to three years. To join, select your desired membership category and term from the table below, complete this Form legibly, and send it with a check appropriate to your membership choice (payable to PATC Ski Touring Section) to:

PATC-Ski Touring Section, c/o Doug Lesar, 2507 Campbell Place, Kensington, MD 20895

Membership Classes

<u>Membership Categories</u>	<u>1 Year Only</u>	<u>2 Years</u>	<u>3 Years</u>
Individual	\$ 9	\$17	\$25
Family	\$13	\$24	\$35

PLEASE PRINT or TYPE THE INFORMATION BELOW !!!

Name(s): _____ Request is for: - NEW Membership: _____

Address: _____ Today's Date: _____ - New Address: _____

City: _____ State: _____ Zip: _____ - Renewal: _____

Home Phone: _____ Work Phone: _____ Email Address: _____

- Add me to Annual member directory but do not list my: Home Ph.: ___ ; Work Ph: ___ ; Email: ___; Postal Address: ___
- If checked, add me to New Yahoo Group so I can get infrequent, adhoc announcements of local XC Ski activities: ___
- If checked, send my UPSLOPE only electronically (no paper copy) to save the club copying and postage: ___

STS is an all-volunteer organization. We cannot function without the assistance of our members. If you are interested in volunteering to help STS in any of the following areas, please check the box and you will be contacted:

- | | | |
|--|--|---|
| STS Officer | Publicity | XC Ski Instructor |
| <input type="checkbox"/> Web Content Assistant | <input type="checkbox"/> Ski Trip Leader | <input type="checkbox"/> Special Events Coordinator |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |